

I AIN'T BEEN NOWHERE

SONG OF QUARANTINE 2020

Artist: Chuck Mead & His Grassy Knoll Boys, Plowboy Records 2:48 [YouTube]
Choreo: Wayne Williams, Scarborough, Toronto Canada [dance4funx@yahoo.com]
WAIT for piano intro, start on vocal

Country
Moderate Tempo
BEGINNER PLUS

SEQUENCE: INTRO - CHORUS - A - CHORUS - BREAK - A - CHORUS - BREAK - A - CHORUS - BREAK - END

INTRO (48 Beats)

[Use arms as if pulling on a rope]
Heel-Pull Vine L&R: H-Pull S(tog) H-Pull S(tog) H-Pull S(tog) DS RS (Repeat moving to the right, opp. footwork)
L R R L R R L R R L RL
Slur Brush L&R: DS Slur(xib) S DS BR/Hclk (Repeat moving to the right, opp. footwork)
L R R L R L
Heel-Toe Combo DS H(if)/Hclk T(ib)/Hclk H(if)/Hclk (Repeat right side, opp. footwork)
L R L R L R L
8-Count Roundout: DS T-H(xif) T-H(ots) T-H(b) T-H(xif) T-H(ots) T-H(b) T-H(si)
L R R LL RR LL RR LL RR
Step/Hold-Step/Hold: STEP-Hold(point L finger fwd.) STEP-Hold(point R finger fwd.)
L R
Fancy Double: DS DS RS RS (Music speeds up here)
L R LR LR

CHORUS (26 Beats)

Push-off L&R: DS RS RS RS (Repeat moving to the right, opp. footwork)
L RL RL RL
Mountain Basic: DS DT/Hclk DS RS
S R L R LR
Toe-Step Basic Brush: T(b) S DS RS BR/Hclk
L L R LR L R
Cowboy: DS DS DS BR/Hclk (Moving fwd.) DS RS RS RS (Moving Back)
L R L R L R LR LR LR
2 Double Steps DS DS
L R

PART A (24 Beats)

Heel-Toe Vine L&R: DS H(xif) S DS T(xib) S DS H(xif) S DS RS (Repeat moving to the right, opp. footwork)
L R R L R R L R R L RL
4 DS Kick ¼L ea.: DS KICK/Hclk (Repeat three more times, alternating opp. footwork)
L R L

CHORUS

BREAK (4 Beats)

2 Side Touch: DS Tch(ots)/Hclk DS Tch(ots)/Hclk
L R L R L R

PART A

CHORUS

BREAK

PART A

CHORUS

BREAK

END (16 Beats)

Heel-Toe Combo DS H(if)/Hclk T(ib)/Hclk H(if)/Hclk (Repeat right side, opp. footwork)
L R L R L R L
8-Count Roundout: DS T-H(xif) T-H(ots) T-H(b) T-H(xif) T-H(ots) T-H(b) T-H(si)
L R R LL RR LL RR LL RR